

Beyond October

hope, healing, restoration, and transformation

Color America Healthy

Reduce Cancer Risk

24/7, 365

Eat a minimum of
5 servings of vegetables
and fruits each day.

Brightly colored produce
is packed with
cancer-fighting nutrients

This year, about 562,340 Americans
are expected to die of cancer,
more than 1,500 people a day.
Cancer is the second most common
cause of death in the U.S.,
exceeded only by heart disease.
In the U.S., cancer accounts
for nearly 1 of every 4 deaths.

American Cancer Society, Inc.,
Surveillance and Health Policy Research

